A Big Poly Illustrated by Alessia Girasole



We grow a lot of crops on our farm.

I can grow my own food and make a meal from scratch!





The first thing that I need to do is dig holes in a vacant part of our land.

The soil must not be too hard. It must be good soil that will help the plants grow.







The plants are all in good health. They are a verdant green. They grow so much every day. I check on them so that I can keep track of their needs.

The cows and hens like the look of my crops. I tie up some gates to keep them out. They have their own food.



When they look done, I pick what I need for my meal.

I love that I can use fresh food that I have grown.





I make sure to wash the food well. I love to work in the soil, but it has things that can make us sick. My mum and I like to cook out in the yard. We light two fires so that we can use our pan and our big pot.

The fires light in an instant. We wait for them to go down a bit.



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When the food is done, I find my dad and sisters.
They had to put the cows and hens to bed so that they are safe in the night.

We eat up all of the food. It is a shame when food goes to waste. We do not cook more than we need.







My dad got us a sweet snack to end the meal on. He said that all of our hard work warrants a treat.

Sweets all round!





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